

# Congregation Emanuel Food & Dietary Guidelines

Our Congregation has established the following guidelines concerning food that will be served and enjoyed at Temple as a way to cultivate, nurture and sustain our identity as a Jewish community. We have adopted the following guidelines for Congregation Emanuel as it pertains to using the Kitchen and Social Hall for all gatherings and celebrations where food will be prepared, served and enjoyed.

We are aware that individual families in our Congregation are more and/or less observant of traditional dietary regulations of Kashrut. We are aware that these guidelines for the Temple do not necessarily reflect the unique diverse levels of observances of each of our families, and we believe that there is a value for maintaining a guideline that serves to unite us as a Community, a Jewish religious center and as a Temple family.

Our goal is to create an atmosphere in which the members of our Congregation feel comfortable, welcome and home at Temple while furthering an awareness and atmosphere in which all Jews from diverse walks of life will feel comfortable. We are eager to further a Congregation that reflects Jewish awareness, Jewish consciousness and ethical living. We hope to cultivate a model of Jewish living and Jewish values through our celebrations, observances and traditions.

## Policy

The guidelines for Congregation Emanuel include the following three principles:

1. In serving food we will avoid mixing milk & meat
2. We will abstain from bringing meats and fish that are “blatantly” non-kosher including: Pork, Ham, Lobster, Shellfish and other scavenger categories of meats/fish
3. We will be guided by a consciousness of how we eat encouraging “blessings” before and after meals.

When a celebration, observance or festivity is planned that will incorporate meat, the planners of the celebration will be asked to present the meal

1. Without serving blatantly un-kosher types of meat or fish (as noted above)
2. Avoid mixing meat and milk/dairy products at the table
3. If a dessert and/or coffee is served following a meat meal, the tables will be cleared prior to introducing foods with milk products

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